

ST. JOSEPH'S COLLEGE FOR WOMEN (AUTONOMOUS) VISAKHAPATNAM

TIME: 3Hrs/week

Family Dynamics

Max. Marks: 100

Objectives: To enable students to:

- Become acquainted with the family life
- Create an awareness about the roles and relationships within the family and to meet them.

Course:

UNIT- 1 a) Family: definition, functions, composition and types

b) Family structure in India, nuclear, extended and joint

c) family life- cycle

d) roles and relationships within the family -family interaction as a function of changing times

UNIT- II a) marriage- definition and concept in indian society

b) motives and functions of marriage

c) area of marital adjustments

d) factors influencing mate selections, family, cultural, economic, religion and personal

e) marriage customs and practices in india- hindu (one north Indian, one south Indian) muslim, Christian

UNIT- III a) crisis in family life: prolonged illness, death, suicide, mental illness, unemployment, alcoholism and substance misuse

b) break in the family: divorce, separation, desertion, death of partner, single parenthood, conflict handling, stress management.

UNIT- IV size of the family: population education, family planning

UNIT-V Communication in the family, transactional analysis.

References:

1. Happiness and marriage (1968) Anthony A D Souza, Family life centre.
2. Kopedia, K.M (1966) Marriage and family in India, Oxford University press, New delhi.
3. Landio, P.H. (1960) Your marriage and family living, Webster division, London.
4. Blood, R.O (1965) Marriage, Free press, New York.
5. Gooves. Skinner (1953) The family and its relationship, J.B. Lrppincott New York.
6. Duvell, E.M. (1961) Family living, Macmillan & co, New York.

ST. JOSEPH'S COLLEGE FOR WOMEN (AUTONOMOUS) VISAKHAPATNAM

TIME: 2Hrs/week

Family Dynamics Practical

Max. Marks: 50

Objectives: To enable students to:

- Become acquainted with the family life
- Create an awareness about the roles and relationships within the family and to meet them.

Course:

UNIT I: Visit to family counseling center.

UNIT II: Survey – to know types of families.

UNIT III: Survey – to know crisis in marriage.

UNIT IV: Survey – to know family roles.

UNIT V: Population education – guest lecture.

UNIT V: Exercises on communication in family.

REFERENCES:

1. Happiness and marriage (1968) Anthony A D Souza, Family life centre.
2. Kopedia, K.M (1966) Marriage and family in India, Oxford University press, New delhi.
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